

Event

Veterans Time Trials Association London & Home Counties Group



For and on behalf of Cycling Time Trials under their Rules & Regulations

Date

Sunday 14th July 2024 starts 8:01 am

Description

10 Mile Open Time Trial

Course F11/10

Headquarters

The Clock Hall

Aston Clinton School

Twitchell Lane

Aston Clinton

HP22 5JJ

What3words ///crunching.vies.wanting

Open from 7.00 am

Provisional real-time results will be available via ResultSheet. Official times will be reported once ratified by the official timekeepers. The QR code will be displayed at HQ.

2023 Winners

Richard Oakes AAT 17:19

Sally Turner AAT 18:07

Course Records

Solo Open: 17:11 Harry Tanfield 16/6/18

Solo Female: 19:21 Kate Allan 16/9/23

Solo Open Junior: 18:08 Joshua Tarling 18/6/22

Solo Female Junior: 21.15 Lucy Benezet Minns 15/6/24

Tandem: 18:30 Ian Greenstreet /Rachael Elliott 16/5/21

Organiser Contact Details

Joy Payne

149 Penn Road, Hazlemere, High Wycombe.

07979 083227

joypayne27@gmail.com

Officials

Start Time Keeper – Howard Waller – Python RT

Finish Time Keeper – Annette Lacey – Hemel Hempstead CC

Marshalls

We have only the minimum number of marshals so take special care you know the course, especially on the first turn which has 2 large meandering roundabouts and several chances to go wrong! There will be no marshal where you enter the slip road from the Dual Carriageway for the first turn, but a sign will be placed. It is the very first slip road after the start, so no reason to go wrong.

Prize List

Awards are made to VTTA members only and only if there are at least 3 entrants in that category. One medal per rider except for team awards.

VTTA Gold-Silver-Bronze Medals for Fastest Open 1-2-3 on Age Adjusted Time (AAT)

VTTA Gold-Silver-Bronze Medals for Fastest Female 1-2-3 on AAT

VTTA Golds-Medals (each) for Fastest Club Team of 3 on AAT

VTTA Gold Medal - Fastest Open on Actual Time

VTTA Gold Medal - Fastest Female on Actual Time

VTTA Gold Medal – Fastest Open on a Road Bike on AAT

VTTA Gold Medal – Fastest Female on a Road Bike on AAT

VTTA Gold Medals – Fastest Tandem on AAT

1st Open & Female on AAT receive an invitation to the LH&C Annual Luncheon and Prize Presentation

COMPULSORY REQUIREMENTS

All competitors **MUST** wear a properly affixed **HELMET** which must be of hard/soft shell construction. Helmets should conform to a recognized Standard.

All competitors **must** have a working white Front Light fitted to the front of their machine **and** a separate working red Rear Light fitted to the rear of their machine.

For competitors riding Road Bikes (Regulation 29)

a) The road bike can possess drop or straight handlebars, no tri-bars, clip-on bars or Spinaci bars are allowed, no disc wheels, both front and back wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm

b) Helmets must not cover the ears or have a tear drop/pointy style 'tail', any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (eg sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc).

c) *Competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tribar position by resting the forearms on the handlebars.*

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

Local Regulation 2. – *Car Parking*

There must be no parking of motor vehicles on any part of the A41 apart from those of the officials.

Local Regulation 3. – Finishing riders **MUST** leave the main carriageway at the **START** of the exit slip road to B489. Failure to do so will be recorded as DNF and no time given (see below)

Numbers, Signing in and signing out

You must sign on in advance of your start at the HQ where you can collect your number and receive any last minute instructions or warnings. You will also **need to sign out of the event otherwise you will be DISQUALIFIED.**

There is lots of parking space at HQ (overflow parking available on the grass next to the tarmac if dry). **Please do not park outside the houses.**

As toilets are limited, **please come ready changed.**

F11/10 & DNFs

This course often sees several riders with no finishing time (DNF) because they DO NOT follow the course and the specific finishing instructions, which are in place for the rider's safety, as cars enter the slip-road early and at high speed!

Carefully study the illustrations & photos which follow:



Cars do enter the slip road very early!



Heading off for another 10 miles? DNF



Route HQ to Start

Start [Maps location](#): 51.79196, -0.68717

Approximate location what3words `///mistaken.protect.shallower`

1.9 miles

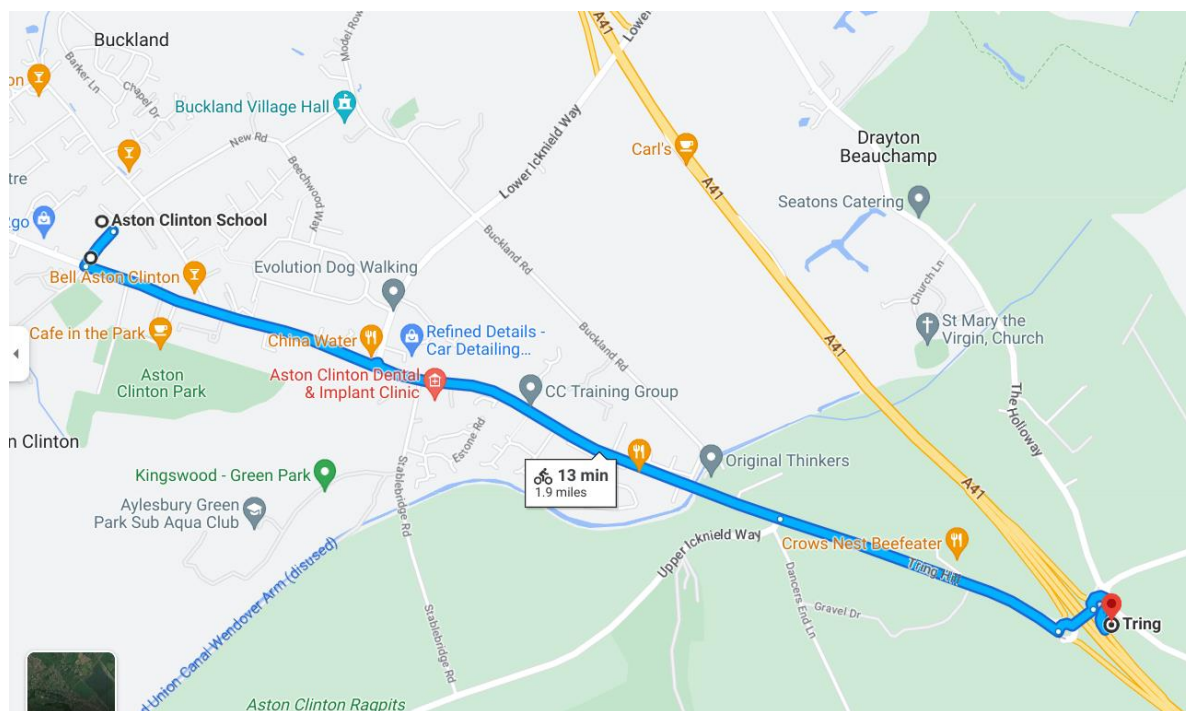
Turn right out of the HQ onto Twitchell Lane

At the end, turn left onto London Road,

Straight across the roundabout and up the hill

2nd exit from the roundabout to go over the A41

3rd exit at next roundabout to enter slip road for the start.



Route Finish to HQ

[Map location](#): 51.80696, -0.70657

Approximate location what3words [///vacancies.risen.rural](#)

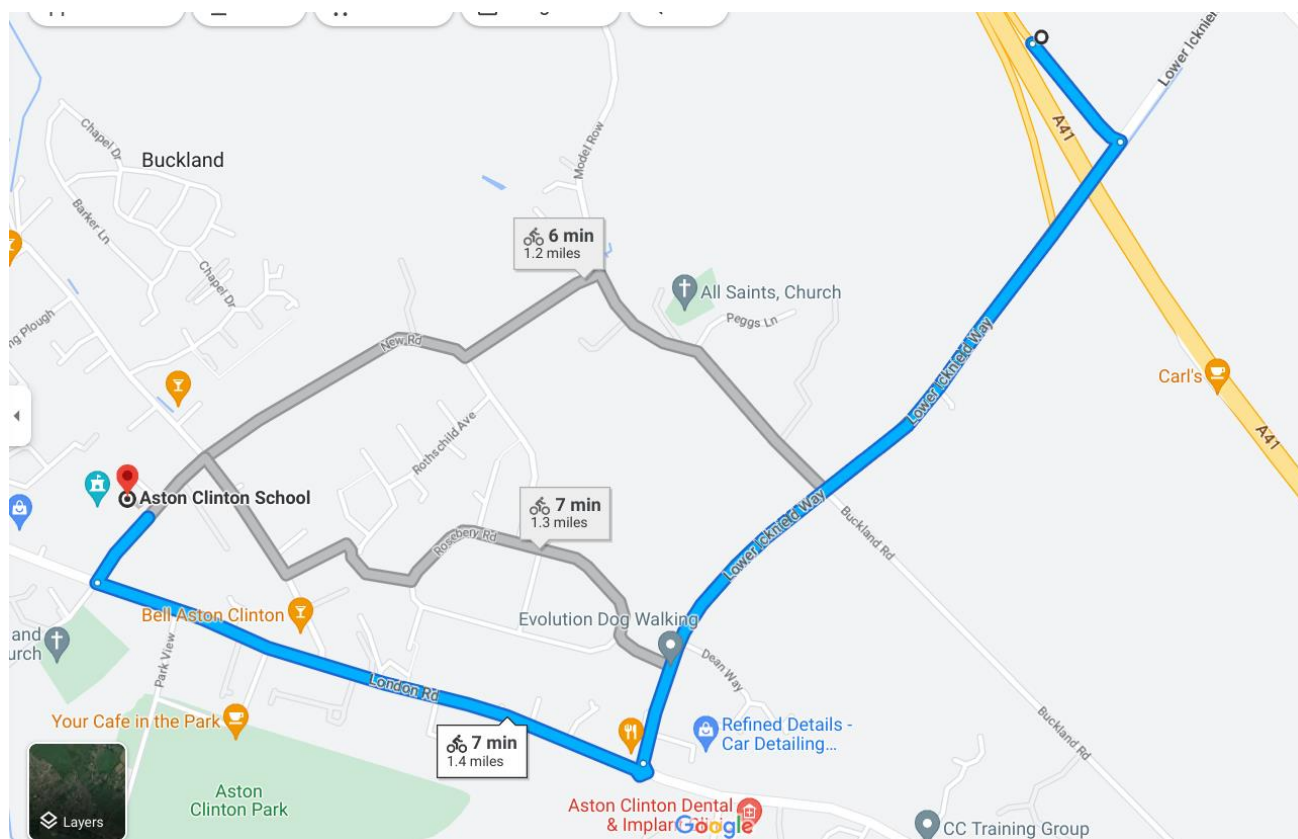
Finish to HQ 1.4 miles

Continue up the Slip Road to the T-Junction

Turn right onto Lower Icknield Way

At roundabout, turn right onto London Road

After approx. 0.5 mile turn right into Twitchell Lane



Course Details

Start (A on Map) on southbound slip road to A41 on the Western Tring junction approximately 40 yards from the start of the slip road.

Proceed along A41 to come off at **first slip** road (Eastern Tring junction) to

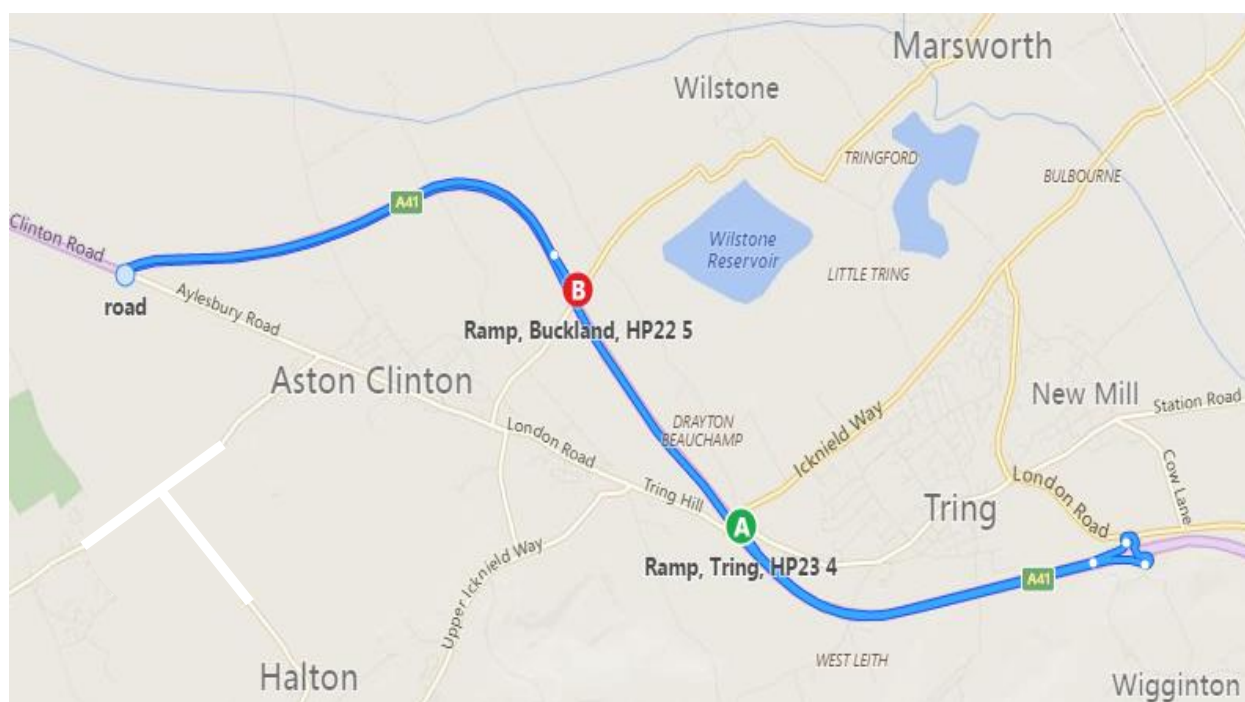
Turn (approximately 2.0 miles) by taking 4th exit out of roundabout (giving priority as to join first roundabout to traffic on your right with restricted view) and **under the A41**, going around 2nd roundabout to take 2nd exit back (slip road) onto the A41 westbound and continue past all junctions to roundabout at end of Aston Clinton by-pass to

Turn (7.87 miles) by taking 3rd exit out of roundabout back along the by-pass, again ignoring College Road junction to

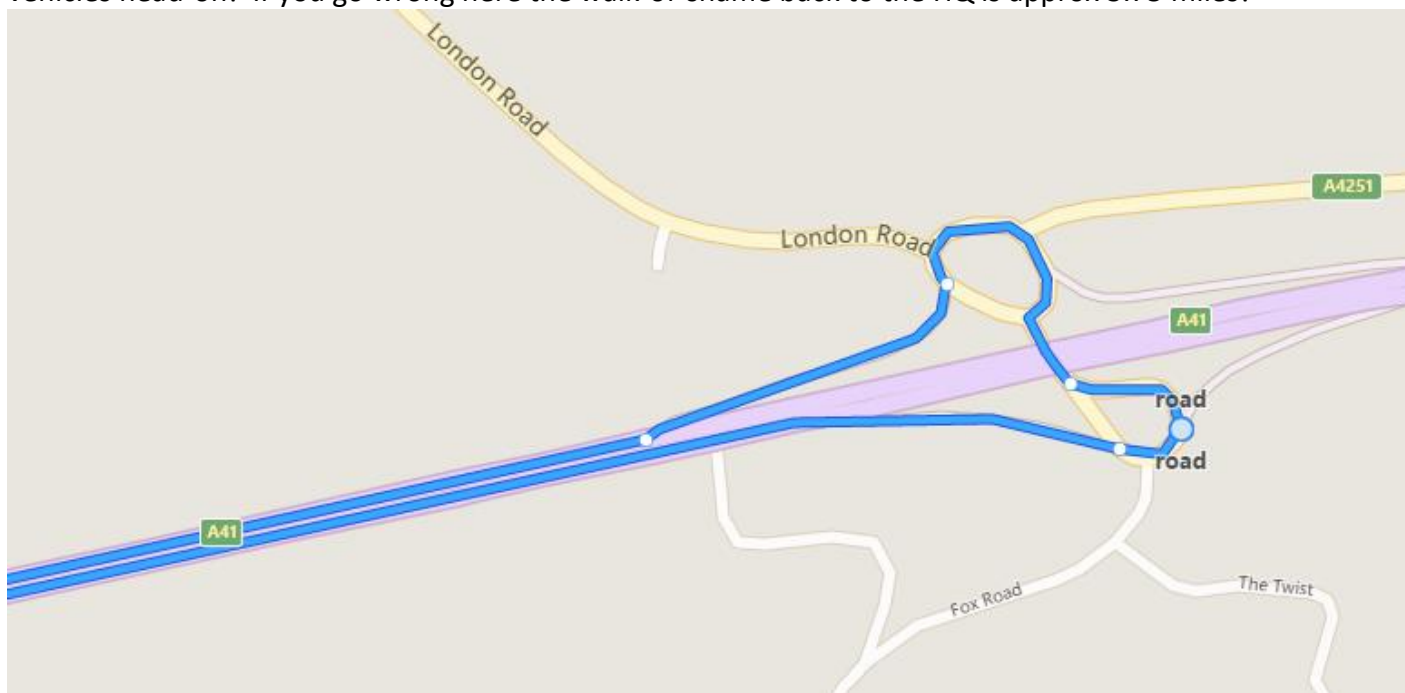
Finish (B on Map) on Buckland slip road 9 yards south-east of manhole cover on grass verge, about 91 yards north-west of (i.e. before) separation of slip road and main carriageway, also about 460 yards north-west of the B489 overbridge.

Finishing riders MUST leave the main carriageway at the START of the exit slip road to B489. Failure to do so will be recorded as DNF and no time will be recorded.

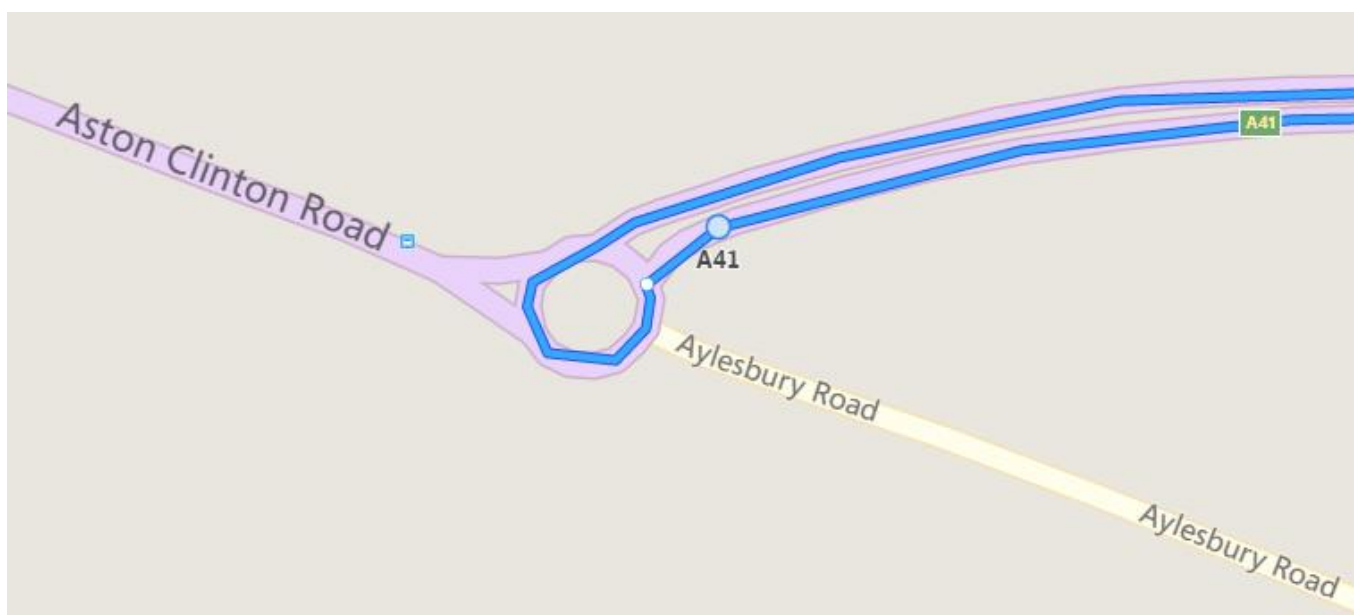
Quite a good way to visualize the course is that it is a series of 2-mile 'intervals'. 2-miles flat to the first RAB, 'recover' on the RAB, 2-miles flat to the top of the hill, 2-mile 'recovery' down the hill, 2-miles flat to the RAB, 'recover' on the RAB then a final 2-miles flat to the finish.



First DOUBLE Roundabout after 2 miles – Many riders like to explore the wide selection of exits and even ride the wrong way up entrances to the roundabout, where they will unsurprisingly meet vehicles head-on! If you go wrong here the walk-of-shame back to the HQ is approx 3.75 miles!



Last roundabout – 2 miles to go to the finish – give full gas.



Roundabouts

At roundabouts the traffic coming from the right has PRIORITY over you, so give way. The first RAB at the bottom of the off slip road DOES NOT have good line of sight of traffic so take GREAT CARE.

Make yourself familiar with the layout of the 1st roundabout as riders all too frequently go wrong and waste a fast time, BREAK the Highway Code and risk being DISQUALIFIED.

| Bib | Start | Name | Club | Machine | O / F | AA | VTTA Grp |
|------------|--------------|------------------|-----------------------------------|----------------|--------------|-----------|-----------------|
| 1 | 08:01 | Richard Moule | Bossard Whs | TT Bike | O V | 02:56 | L&HC |
| 2 | 08:02 | John Lacey | Hemel Hempstead CC | TT Bike | O V | 01:47 | L&HC |
| 3 | 08:03 | Linda Dewhurst | RIDE REVOLUTION COACHING | TT Bike | F V | 05:01 | L&HC |
| 4 | 08:04 | Claire Lee | Shaftesbury CC | TT Bike | F V | 03:06 | |
| 5 | 08:05 | Gillian Reynolds | Willesden CC | TT Bike | F V | 07:47 | L&HC |
| 6 | 08:06 | Emma McDermott | Oxonian CC | TT Bike | F V | 02:39 | L&HC |
| 7 | 08:07 | Susan Oldham | Cowley Road Condors CC | TT Bike | F V | 03:53 | West |
| 8 | 08:08 | Frances Lammyman | RIDE REVOLUTION COACHING | TT Bike | F S | | |
| 9 | 08:09 | Lauren Creamer | Velo Fixers | TT Bike | F S | | |
| 10 | 08:10 | Louise Robinson | Shaftesbury CC | TT Bike | F V | 02:41 | EA |
| 11 | 08:11 | Sally Turner | HUUB WattShop | TT Bike | F V | 02:36 | S/S |
| 12 | 08:12 | Hannah Makins | Mickey Cranks Cycling Club | Road Bike | F V | 02:46 | |
| 13 | 08:13 | Ruth Stapleton | Newhall CC | Road Bike | F V | 02:33 | EA |
| 14 | 08:14 | Andrew Wright | Amersham Road Cycling Club | Road Bike | O V | 01:31 | L&HC |
| 15 | 08:15 | Jeremy Page | Southborough & Dist. Whs | Road Bike | O V | 02:05 | Kent |
| 16 | 08:16 | Jamie Bishop | Newhall CC | Road Bike | O V | 00:43 | EA |
| 17 | 08:17 | Scott Leeson | Onyx RT | Road Bike | O S | | |
| 18 | 08:18 | Mike Debney | Verulam Really Moving | Road Bike | O V | 00:05 | L&HC |
| 19 | 08:19 | Andrew Martin | RIDE REVOLUTION COACHING | Road Bike | O S | | |
| 20 | 08:20 | Ben Dodd | Royal Leamington Spa Cycling Club | Road Bike | O S | | |
| 21 | 08:21 | Wayne Baker | Team Echelon | Tricycle | O V | 02:56 | Mid |
| 22 | 08:22 | Keith Richardson | Icknield RC | TT Bike | O V | 00:49 | L&HC |
| 23 | 08:23 | James Roberson | Bristol South Cycling Club | TT Bike | O V | 04:11 | L&HC |
| 24 | 08:24 | Brian Lewis | Royal Dean Forest Cycle Club | TT Bike | O V | 08:14 | West |
| 25 | 08:25 | Les Gardner | Maidenhead & District CC | TT Bike | O V | 05:12 | L&HC |
| 26 | 08:26 | Andrew Porter | Welwyn Whs | TT Bike | O V | 02:05 | EA |
| 27 | 08:27 | Geoff Newman | Farnham RC | TT Bike | O V | 03:19 | L&HC |
| 28 | 08:28 | Tony Foster | Royal Leamington Spa Cycling Club | TT Bike | O V | 02:56 | Mid |
| 29 | 08:29 | Shay Giles | Thanet RC | TT Bike | O V | 05:47 | Kent |
| 30 | 08:30 | Mark Shore | Walsall Roads Cycling Club | TT Bike | O V | 02:34 | Mid |
| 31 | 08:31 | Paul Hartigan | Hillingdon Triathletes | TT Bike | O V | 01:47 | L&HC |
| 32 | 08:32 | Andrew Vaughan | City RC (Hull) | TT Bike | O V | 01:31 | Yorks |
| 33 | 08:33 | James Mahoney | API/Anglia Sport | TT Bike | O V | 00:28 | L&HC |
| 34 | 08:34 | Alastair Merrill | VC 10 | TT Bike | O V | 01:02 | L&HC |

| Bib | Start | Name | Club | Machine | O / F | AA | VTТА Grp |
|------------|--------------|-------------------|-------------------------------------|----------------|--------------|-----------|-----------------|
| 35 | 08:35 | Martin Wright | Eat Plants Not Pigs CC | TT Bike | O V | 00:28 | Mid |
| 36 | 08:36 | Gary Kondor | Sherwood CC | TT Bike | O V | 01:56 | N & EM |
| 37 | 08:37 | Philip Wooldridge | VTТА (Midlands) | TT Bike | O V | 00:15 | Mid |
| 38 | 08:38 | Neil Hobbs | Oxonian CC | TT Bike | O V | 00:38 | West |
| 39 | 08:39 | Steve Skinner | Southdown Velo | TT Bike | O V | 03:19 | Wesx |
| 40 | 08:40 | Stewart Harrison | Team Bottrill | TT Bike | O V | 01:23 | EA |
| 41 | 08:41 | Michael Lythgoe | Kenilworth Wheelers | TT Bike | O V | 04:25 | Mid |
| 42 | 08:42 | Cliff Voller | VTТА West Group | TT Bike | O V | 04:11 | West |
| 43 | 08:43 | Peter Iffland | Chippenham & District Wheelers | TT Bike | O V | 01:47 | West |
| 44 | 08:44 | Nicholas Coe | Verulam Really Moving | TT Bike | O V | 02:45 | L&HC |
| 45 | 08:45 | Paul James | VTТА West Group | TT Bike | O V | 00:55 | West |
| 46 | 08:46 | Peter Noble | Ely & District CC/B&T Motor Repairs | TT Bike | O V | 01:23 | EA |
| 47 | 08:47 | Stuart Bramley | Race Hub | TT Bike | O V | 00:43 | N & EM |
| 48 | 08:48 | Matthew Burton | Amersham Road Cycling Club | TT Bike | O V | 00:55 | L&HC |
| 49 | 08:49 | Philip Skinner | Welwyn Whs | TT Bike | O V | 01:39 | L&HC |
| 50 | 08:50 | Roger Whittle | Gloucester City Cycling Club | TT Bike | O V | 01:09 | West |
| 51 | 08:51 | Mark Welch | Oxted Cycle Club | TT Bike | O V | 01:56 | S/S |
| 52 | 08:52 | Kevin Parry | Hereford Cycle Hub Cycling Club | TT Bike | O V | 01:16 | S Wales |
| 53 | 08:53 | Philip Porteous | High Wycombe CC | TT Bike | O V | 02:24 | L&HC |
| 54 | 08:54 | Angus MacInnes | Charlottesville Cycling Club | TT Bike | O V | 01:39 | S/S |
| 55 | 08:55 | Chris Dyason | Cambridge CC | TT Bike | O V | 04:56 | EA |
| 56 | 08:56 | Neil Barford | 45 RC | TT Bike | O V | 01:39 | EA |
| 57 | 08:57 | Rob Vessey | ...a3crg | TT Bike | O V | 01:56 | Wesx |
| 58 | 08:58 | Peter Horton | Team Bottrill | TT Bike | O V | 01:23 | Mid |
| 59 | 08:59 | Mick Stevens | Melton Olympic CC | TT Bike | O V | 04:25 | N & EM |
| 60 | 09:00 | Andy Grant | Chelmer CC | TT Bike | O V | 02:34 | EA |
| 61 | 09:01 | Andy Wond | Sowerby Sunday Club | TT Bike | O V | 02:05 | Yorks |
| 62 | 09:02 | Adrian Mason | Bicester Millennium CC | TT Bike | O V | 01:23 | L&HC |
| 63 | 09:03 | Gerrard Rafferty | Bedfordshire Road CC | TT Bike | O V | 01:23 | L&HC |
| 64 | 09:04 | Richard Jones | Amersham Road Cycling Club | TT Bike | O V | 00:38 | L&HC |
| 65 | 09:05 | Paul Williamson | St Neots CC | TT Bike | O V | 01:02 | EA |
| 66 | 09:06 | Tom Cosgrove | VTТА (London & Home Counties) | TT Bike | O V | 01:23 | L&HC |
| 67 | 09:07 | Simon Hunt | VéloElite RC | TT Bike | O V | 00:55 | N & EM |
| 68 | 09:08 | Gavin Draper | North Hampshire RC | TT Bike | O V | 00:33 | Wesx |
| 69 | 09:09 | Michael Garvey | High Wycombe CC | TT Bike | O V | 01:31 | L&HC |
| 70 | 09:10 | David Butt | Poole Wheelers Cycling Club | TT Bike | O V | 03:31 | Wesx |

| Bib | Start | Name | Club | Machine | O / F | AA | VTTA Grp |
|------------|--------------|-------------------|--|----------------|--------------|-----------|-----------------|
| 71 | 09:11 | John Dowling | Hemel Hempstead CC | TT Bike | O V | 02:56 | L&HC |
| 72 | 09:12 | Robert Saunders | North Bucks RC | TT Bike | O V | 02:24 | L&HC |
| 73 | 09:13 | Mark White | Mark White Coaching RT | TT Bike | O V | 01:02 | N & EM |
| 74 | 09:14 | Alan Allcock | Newbury RC | TT Bike | O V | 03:19 | L&HC |
| 75 | 09:15 | Richard Tully | Elite Cycling | TT Bike | O V | 00:23 | EA |
| 76 | 09:16 | Chris Shaw | Fenland Clarion CC | TT Bike | O V | 01:56 | EA |
| 77 | 09:17 | Geoff Reynolds | Hemel Hempstead CC | TT Bike | O V | 01:31 | L&HC |
| 78 | 09:18 | Hans Nilsson | London Phoenix CC | TT Bike | O V | 03:07 | L&HC |
| 79 | 09:19 | James Hunt | Oxonian CC | TT Bike | O V | 00:23 | L&HC |
| 80 | 09:20 | Peter Cottington | Bath Cycling Club | TT Bike | O V | 02:05 | L&HC |
| 81 | 09:21 | Stuart Morgan | VéloElite RC | TT Bike | O V | 00:19 | EA |
| 82 | 09:22 | Peter Richards | Icknield RC | TT Bike | O V | 01:47 | L&HC |
| 83 | 09:23 | Andrew Halliday | Westerley Cycling Club | TT Bike | O V | 00:49 | L&HC |
| 84 | 09:24 | Jack Brown | Islington Cycling Club | TT Bike | O S | | |
| 85 | 09:25 | Michael Bennett | Bicester Millennium CC | TT Bike | O V | 01:09 | L&HC |
| 86 | 09:26 | Issy Zimmerman | Regents Park Rouleurs | TT Bike | O V | 01:23 | L&HC |
| 87 | 09:27 | Dan Burton | Endurance X Nature RC | TT Bike | O S | | |
| 88 | 09:28 | James Conolly | Stevenage CC | TT Bike | O S | | |
| 89 | 09:29 | Paul Tippet | Destination Bike RT | TT Bike | O V | 00:38 | S/S |
| 90 | 09:30 | Gary Pamment | CC Sudbury | TT Bike | O V | 00:55 | EA |
| 91 | 09:31 | Nick James | Aerologic RT | TT Bike | O V | 00:38 | EA |
| 92 | 09:32 | Daniel Legg | North Hampshire RC | TT Bike | O V | 01:02 | Wesx |
| 93 | 09:33 | Steven Hughes | Thames Turbo Triathlon Club | TT Bike | O V | 00:05 | L&HC |
| 94 | 09:34 | Vincent Douglas | Gloucester City Cycling Club | TT Bike | O V | 01:02 | West |
| 95 | 09:35 | Roch Morgan | Derby Mercury R C | TT Bike | O Y | | |
| 96 | 09:36 | Kevin Wood | Sherwood CC | TT Bike | O V | 02:05 | N & EM |
| 97 | 09:37 | Ben Farrer | Bedfordshire Road CC | TT Bike | O S | | |
| 98 | 09:38 | Tom Quinlan | FTP (Fulfil The Potential) Race Team | TT Bike | O S | | |
| 99 | 09:39 | Charles Langford | Southend Wheelers | TT Bike | O Y | | |
| 100 | 09:40 | Stephen Wilkinson | Vanelli-Project GO | TT Bike | O V | 01:31 | Scot |
| 101 | 09:41 | Rob Fletcher | Equipe Velo | TT Bike | O V | 00:55 | |
| 102 | 09:42 | Adam Wells | Rockingham Forest Wheelers | TT Bike | O S | | |
| 103 | 09:43 | Cy Gearing | St Ives CC | TT Bike | O V | 00:55 | EA |
| 104 | 09:44 | Neal Beauchamp | Kingston Wheelers CC | TT Bike | O S | | |
| 105 | 09:45 | Ashley Steventon | Royal Air Force Cycling Association | TT Bike | O S | | |
| 106 | 09:46 | Chris Fowler | RIDE REVOLUTION COACHING | TT Bike | O V | 00:05 | |

| Bib | Start | Name | Club | Machine | O / F | AA | VTTA Grp |
|------------|--------------|--------------------|----------------------------------|----------------|--------------|-----------|-----------------|
| 107 | 09:47 | Paul McDaid | Southborough & Dist. Whs | TT Bike | O V | 01:09 | S/S |
| 108 | 09:48 | Grant Orsborn | Bedfordshire Road RT | TT Bike | O V | 02:14 | EA |
| 109 | 09:49 | Andrew Miller | ADDFORM Vive Le Velo | TT Bike | O V | 00:19 | Yorks |
| 110 | 09:50 | David Glossy | Elysium Kalas Race Team | TT Bike | O V | 00:43 | L&HC |
| 111 | 09:51 | Ady Dench | Team Sheffield | TT Bike | O V | 01:09 | N Mid |
| 112 | 09:52 | Samuel Robinson | Ashford Whs | TT Bike | O S | | |
| 113 | 09:53 | Martin Reynolds | Cambridge CC | TT Bike | O V | 01:56 | EA |
| 114 | 09:54 | John Jones | Verulam Really Moving | TT Bike | O V | 01:16 | L&HC |
| 115 | 09:55 | Stuart Wells | Lindsey Roads Cycling Club | TT Bike | O V | 00:49 | N Mid |
| 116 | 09:56 | Adam Fisher | Cambridge CC | TT Bike | O V | 00:05 | EA |
| 117 | 09:57 | Richard Llewellyn | Imperial Racing Team | TT Bike | O V | 00:38 | Wesx |
| 118 | 09:58 | Myles Davidson | Bigfoot CC | TT Bike | O V | 00:55 | L&HC |
| 119 | 09:59 | Alfie Salmon | Hart Performance Coaching | TT Bike | O Esp | | |
| 120 | 10:00 | Aaron Borrill | Farnborough & Camberley CC | TT Bike | O V | 00:02 | |
| 121 | 10:01 | Andy Thomas | Lindsey Roads Cycling Club | TT Bike | O V | 01:09 | N Mid |
| 122 | 10:02 | Mark Ellis | Mercedes AMG Petronas CC | TT Bike | O V | 01:47 | EA |
| 123 | 10:03 | Steven Cottington | Bath Cycling Club | TT Bike | O V | 02:05 | West |
| 124 | 10:04 | Graham Winstone | ZeroBC Race Team | TT Bike | O V | 00:49 | L&HC |
| 125 | 10:05 | Adam Williams | St Neots CC | TT Bike | O S | | |
| 126 | 10:06 | Sean O'Sullivan | Hart Performance Coaching | TT Bike | O S | | |
| 127 | 10:07 | Rachel Green | Cheltenham & County Cycling Club | TT Bike | F V | 04:16 | West |
| 128 | 10:08 | Ann Shuttleworth | Cambridge CC | TT Bike | F V | 03:26 | EA |
| 129 | 10:09 | Michael Allen | Team Enable - M.I. Racing | TT Bike | O V | 05:12 | N Mid |
| 130 | 10:10 | Roger Porter | Verulam CC | TT Bike | O V | 05:12 | L&HC |
| 131 | 10:11 | David Prom | Abellio - SFA Racing Team | TT Bike | O V | 01:02 | Kent |
| 132 | 10:12 | Peter Bell | Welland Valley CC | TT Bike | O V | 00:49 | N & EM |
| 133 | 10:13 | Martin Fenna | Ashford Whs | TT Bike | O S | | |
| 134 | 10:14 | Rikky Hughes | Droitwich Cycling Club | TT Bike | O S | | |
| 135 | 10:15 | David Clark | Eastbourne Rovers CC | TT Bike | O V | 01:09 | S/S |
| 136 | 10:16 | Andrew J Parnowski | Plymouth Corinthian CC | TT Bike | O V | 01:02 | West |
| 137 | 10:17 | Stu Carver | North Hampshire RC | TT Bike | O V | 01:39 | Wesx |
| 138 | 10:18 | Ian Short | CC Sudbury | TT Bike | O V | 00:38 | EA |
| 139 | 10:19 | George Turner | VTTA (London & Home Counties) | Road Bike | O V | 00:15 | L&HC |
| 140 | 10:20 | Matt Steel | Pronto Bikes | TT Bike | O V | 00:33 | EA |

| Bib | Start | Name | Club | Machine | O / F | AA | VTTA Grp |
|----------------|------------------|---------------------------|-------------------------------------|--------------------|----------------|-------|----------------|
| 141 | 10:21 | Max Belcher | Elysium Kalas Race Team | TT Bike | O S | | |
| 142 | 10:22 | Daniel Chambers | Bicester Millennium CC | TT Bike | O S | | |
| 143 | 10:23 | Joshua Williams | Team Bottrill | TT Bike | O S | | |
| 144 | 10:24 | Samuel Thienel | Elysium Kalas Race Team | TT Bike | O S | | |
| 145 | 10:25 | Ryan Witchell | Royal Leamington Spa Cycling Club | TT Bike | O S | | |
| 146 | 10:26 | Mark Jones | DRAG2ZERO | TT Bike | O V | 00:49 | EA |
| 147 | 10:27 | James Richards | WardPerformanceUK.com | TT Bike | O S | | |
| 148 | 10:28 | Joel Stewart | Team Ohten Aveas | TT Bike | O V | 00:33 | L&HC |
| 149 | 10:29 | Alastair Luxford | Wightlink Wight Mountain Race Team | TT Bike | O V | 00:05 | L&HC |
| 150 | 10:30 | Nicholas Trbovic | Elysium Kalas Race Team | TT Bike | O S | | |
| | | TANDEMS | | | | | |
| 152 | 10:32 | Ian Greenstreet | Newbury Velo | TT Bike | O V | 02:07 | L&HC |
| | | Rachael Elliott | Newbury Velo | TT Bike | F Para | | L&HC |
| 156 | 10:36 | David Shannon | Islington Cycling Club | TT Bike | O V | 01:17 | L&HC |
| | | Richard May | Islington Cycling Club | TT Bike | O V | | L&HC |
| 158 | 10:38 | David Stockley | A5 Rangers CC | TT Bike | O V | | Mid |
| | | RESERVES | | | | | |
| 161 | | Darran Eggleton | Amersham Road Cycling Club | TT Bike | O V | 00:19 | L&HC |
| 162 | | David Lynes | Droitwich Cycling Club | TT Bike | O V | 00:15 | Mid |
| 163 | | Ragnar Laan | Twickenham CC | TT Bike | O V | 00:19 | |
| 164 | | Lawrence Wintergold | Hounslow & District Whs | TT Bike | O V | 01:39 | |
| 165 | | Asher Gray | Welwyn Whs | TT Bike | O Y | | |
| 166 | | Tom Herbert | Kingston Wheelers CC | TT Bike | O S | | |
| 167 | | Daniel Ramsbottom | Royal Air Force Cycling Association | TT Bike | O S | | |
| 168 | | Edward Anderson | Banbury Star Cyclists' Club | TT Bike | O V | 00:33 | |
| 169 | | Max Secunda | Berkhamsted Cycling Club | TT Bike | O S | | |
| 170 | | Michael Greenshields | London Dynamo | TT Bike | O S | | |
| 171 | | Gavin Mitchell | Twickenham CC | TT Bike | O S | | |
| 172 | | Paul Hewitt | Metropolitan Police Cycle Club | Road Bike | O V | 00:38 | |
| 173 | | David Howell | Claydon Cycling Club | Road Bike | O V | 00:49 | |
| 174 | | Murray Kirton | A5 Rangers | TT Bike | O V | 07:05 | |